Day	Date	Time	Topic	Instructor Name
Tuesday	May 2	4:00	200 Years on the Erie Canal	Mary Durlak
Wednesday	May 3	2:00	Untold Stories of the Underground Railroad in Buffalo, NY	Lillie V. Wiley- Upshaw
Thursday	May 4	2:00	Inflammation and Your Diet	Carly Hansen
Friday	May 5	2:00 PM	Famous Women of Forest Lawn	Laura Fitzgerald
Monday	May 8	2:00 PM	Hearing, Hearing Loss & Treatment	Nancy Stecker
Tuesday	May 9	4:00 PM	Niagara River Watershed Headwaters Initiative	Jean Beiter
Wednesday	May 10	2:00 PM	Planes, Pianos and Paraphernalia	Mary Ann Kedron
Thursday	May 11	2:00 PM	Spot that Scam by Being an Educated Consumer	Jennifer Andres
Thursday	May 11	4:00 PM	Fireboat Edward M. Cotter	Ron Endle
Tuesday	May 16	6:00 PM	Pan-O-Rama: Buffalo's Pan-American Exposition	Doug Kohler
Wednesday	May 17	2:00 PM	Remembrances of the Civil War	Judy Buzby
Thursday	May 18	2:00 PM	Music & Memories	Richard Derwald
Thursday	May 18	6:00 PM	Discovering Buffalo One Street at a Time	Angela Keppel
Friday	May 19	2:00 PM	The Sun, The Moon and You	Catherine Konieczny
Tuesday	May 23	6:00 PM	Buffalo Suzuki Strings	
Wednesday	May 24	2:00 PM	Instacart	Brendan Chella
Thursday	May 25	2:00 PM	Coast Guard History: How September 11th Shaped the Modern-Day Coast Guard	Clansy, Andre J LTJG USCG
Tuesday	May 30	4:00 PM	Meteorology & Severe Weather Forecasting in WNY	Andrew Baglini

Thursday	June 1	2:00 PM	My Career as a Buffalo Radio Journalist	John Zach
Thursday	June 1	6:00 PM	Let's Get Writing	Roseanne Higgins
Friday	June 2	2:00 PM	Who Was Who on the Avenue	Marla Bujnicki
Tuesday	June 6	6:00	Banking in Buffalo	Explore Buffalo
Wednesday	June 7	2:00	Albright Knox Art Gallery	
Thursday	June 8	2:00	History of the Buffalo Mafia	Lee Coppola
Thursday	June 8	6:00 PM	I'm Getting a New Knee	Brayan Lopez
Friday	June 9	2:00 PM	Early 1800s in Buffalo	Rick Falkowski
Tuesday	June 13	2:00 PM	Compost is the Next Big Thing	Amy Alduino
Wednesday	June 14	2:00 PM	Put Your Best Foot Forward	DR. Barry Fitzgerald
Thursday	June 15	2:00 PM	CEPA Gallery	
Friday	June 16	2:00 PM	Sports Medicine 101	Excelsior Orthopedics
Tuesday	June 20	6:00 PM	Board Games for all ages	Ed Sapienza
Wednesday	June 21	2:00 PM	Holistic Healing	Victoria Szymula
Thursday	June 22	2:00 PM	Malaysia, Truly Asia	Lai Yeng Bajus
Thursday	June 22	4:00 PM	Saving Buffalo Baseball	Howard Henry
Tuesday	June 27	2:00 PM	Narcan	Cheryll Moore
Wednesday		2:00 PM	Pickleball Prevention & Recovery	Excelsior Orthopedics
Thursday	June 29	2:00 PM	Telling Stories Through Travel Photography	Dr. John Harrigan
Thursday	June 29	4:00 PM	All Things Travel with AAA	Elizabeth Carey

Friday	June 30	2:00 PM	Artificial intelligence (AI) involves using computers to do things that traditionally require human intelligence. AI can process large amounts of data in ways that humans cannot. The goal for AI is to be able to do things like recognize patterns, make decisions, and judge like humans.	David Stott
Wednesday	July 5	2:00 PM	Navigating Medical Bills and Insurance	Josh Siliano
Thursday	July 6	2:00 PM	Hands Only CPR	Pati Aine
Thursday	July 6	4:00 PM	Hands Only CPR	Pati Aine
Friday	July 7	2:00 PM	Veterans, Do You Know What You Are Supposed to be Getting?	EC Veterans Service
Monday	July 10	2:00 PM	Balancing the Middle East	Faizan Haq
Wednesday	July 12	2:00 PM	On the Horizon in Buffalo - Tourism, Conventions & Amateur Sports	Patrick Kaler
Thursday	July 13	2:00 PM	The Making of the NIKOLA TESLA LEGACY CORRIDOR	Francis Lestingi
Friday	July 14	2:00 PM	History of North Tonawanda Amusement	Marissa Seib
Friday	July 19	2:00 PM	Smart Decisions in Down Markets	Adam Goldfarb
Thursday	July 20	2:00 PM	Scribblin' for a Living- Mark Twain's Pivotal Period	Thomas Reigstad
Wednesday	July 26	2:00 PM	Sleep as We Age	Julie Starr